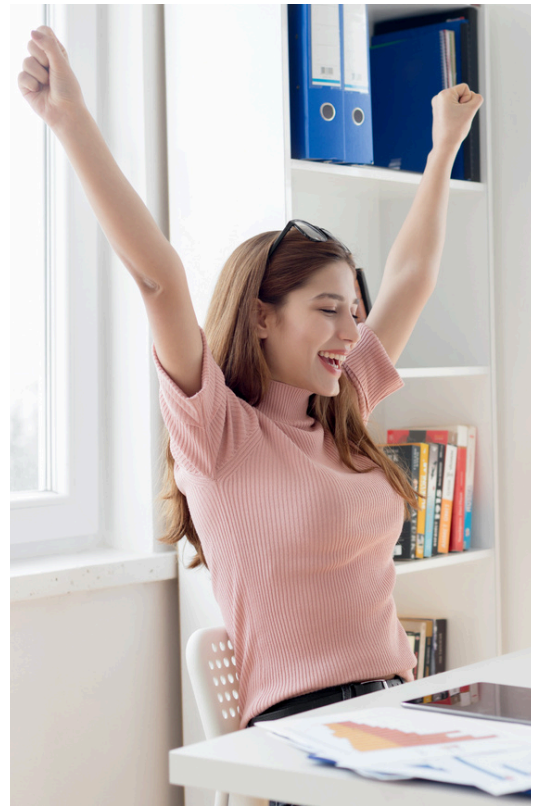


WHERE DO WE START?

Finding Answers from Within

“The majority work to make a living; some work to acquire wealth or fame, while a few work because there is something within them which demands expression.”

—Edmond Boreaux Szekely



Whether we want to admit it or not, life is mostly lived at work, and if you are not “in joy” while you are working, you are burning valuable minutes on the clock of your lifetime. (*Answers from Within, Chapter 2, page 23.*)

It’s time to correct the notion that work is a parenthesis in life for which you interrupt an otherwise pleasant experience. (*Answers from Within, Chapter 1, page 12.*)

WHEN IT COMES TO WORK, *There is much to consider*

If you have felt tired of suffering at work and are searching for deeper answers, I'd like to share with you a few things to consider.

- If you have a job, be very grateful. You are doing two things. One, you are earning money to take care of yourself; and you are making a contribution to the world, no matter how small.
- If you do not, and you have to make a living for yourself, find something you can do to make money, if only in the short term.
- While you are doing this deep dive, you have to stabilize the basic structures of your life. Stress will only make your process more difficult.
- Don't make any rash decisions. Sometimes, when people take this journey, they immediately want to quit their jobs, without having any real plan in place.
- Take some time to figure out what your core issues are with your work.
- Sit down with yourself to figure out what you really want.
- Consider what you believe about work and its place in your life.

WHEN IT COMES TO WORK,
Some questions to ask

Are you just seeking the right job?

Is the issue around money?

Are you looking to find your gifts, talents, skills and abilities?

If you already know what your gifts, talents, skills and abilities, are you trying to figure out how to use them?